

MOVE

THE BOOK OF JAMES

In this 4-week study of the book of James we'll learn that faith isn't just something you feel or think...it's something you do. Whether it's our words, how we treat others or how we pray, faith requires movement.

Session 1

Moving Toward a Strong Faith

Session 2

Living Things Move

Session 3

Moving Toward Wise Speech

Session 4

Move



This Week

Tongues. Tongues can do a lot of things: taste, contort, stick out at people, and pick leftover food out of our teeth. They can help us form words that aid us in blessing others or tearing others down. This lesson will take a serious look at how James warns us of the power of our words and how taming our tongue means so much more than simply saying, “Don’t say swear words!”

Scripture James 3:1-12



Bottom Line

Our words move us forward or hold us back.

Questions

- In general, how often do you find yourself in unfortunate situations due to the words you’ve chosen to speak?
- In what ways have you been able to use words to build others up? Is this something you do regularly?
- Share a time someone said something that encouraged you. How did that make you feel?
- Why does it seem easier to use critical or harsh words rather than encouraging and uplifting words?
- What is at least one practical, real life way you could keep moving forward in that area this week?



Parent Discussion Point

Share a story with your student(s) about a time when words got you in trouble. Share a story of a time the words you spoke had a positive impact on someone else. Ask your student: why is it that at times it is so difficult to control our tongues?