

In this 4-week study of the book of James we'll learn that faith isn't just something you feel or think...it's something you do. Whether it's our words, how we treat others or how we pray, faith requires movement.

Session 1

Moving Toward a Strong Faith

Session 2

Living Things Move

Session 3

Moving Toward Wise Speech

Session 4

Move



This Week

James makes it clear that, depending on our response, trials have the potential to strengthen our faith. When we go through hard times, we can choose to move toward joy and steadfastness or move toward grumbling and away from God.

Scripture

"Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing."



- James 1:2-4



Bottom Line

Everyone goes through trials. What matters is how you respond to

Questions

- What feelings do the words "test" and "trial" conjure up inside of you?
- · What are a few good things about tests?
- How do you feel about exercising/working out?
- What are the benefits of sticking with a workout plan even when it gets hard?
- "How do trials serve as a "workout" for our faith? What verse in particular points us to this?"
- What role does God play in the challenges we face?



Parent Discussion Point

Share a time that you or your family has gone through trials. What was your first response? Did your response move you toward a stronger faith or a shakier faith?